

SPHM Plan — Required for staff and patient safety

- UCSF SPH Policy and Cal-OSHA law require the RN to complete a mobility assessment, document the mobility plan and communicate that plan to patients, their representative and to other staff.
- **RN MUST** complete SPHM Plan/Poster upon patient admission, transfer, change in status
- The SPHM Poster is a communication tool to ensure all staff know the patients mobility status and equipment needs to prevent staff and patient injuries.

SAFE PATIENT HANDLING & MOBILITY PLAN

UCSF Benioff Children's Hospital

TASK	LEVEL OF ASSIST (Level and Persons)	EQUIPMENT	OTHER/COMMENTS/SLING INFORMATION
BED LEVEL TURNING/BOOSTING			
LIMB HOLDING			
LATERAL TRANSFERS (Bed <> Gurney)			
SIT TO STAND TRANSFERS			
BED TO CHAIR TRANSFERS			
AMBULATION			

LEVEL OF ASSIST

I = INDEPENDENT

S = SUPERVISION

MIN = MINIMAL ASSIST

MOD = MODERATE ASSIST

MAX = MAXIMAL ASSIST

DEP= DEPENDENT

EQUIPMENT



CANE



WALKER



TRANSPORT WALKER



STEDY



SARA 3000



MAXI-SKY



MAXI-MOVE



GOLVO



HOVERMATT & PUMP

FALL RISK

YES / NO

PATIENT INITIALS: _____

LAST UPDATE (DATE): _____

THINK SAFE

WORK SAFE

Your health depends on it