

# Fall Assist: Ambulation

## CATCH & GLIDE



**CATCH: WIDE  
STANCE & KEEP  
BACK STRAIGHT**



**GLIDE: GET READY  
TO SLOWLY SLIDE  
PATIENT.**



**SLOWLY LOWER  
PATIENT ONTO  
THE GROUND.**



**KEEP BACK  
STRAIGHT WHILE  
LOWERING.**



**SUPPORT  
PATIENT'S HEAD.**

Trying to catch a falling patient or trying to lift a patient from the floor should be avoided as it has high potential of harm to the patient and to the staff member. The safest method is to control the patient's fall to the floor and use lift equipment to lift patients from the floor.

### TIPS:

- If patient has a fall that cannot easily be corrected, lower the patient to the floor.
- DO NOT attempt to lift or carry a patient.
- Once on the floor, utilize the HoverJack or floor lift to return to bed.